NOTE TAKING PAPER

You are going to listen to a lecture about DISAGREEMENTS. As you listen, take notes under the headings provided. Your notes will not be graded. (Listen TWICE)

Introduction:

The first thing:

The second advice:

The next tip is:

The most important thing:

It's also very important to:

Final tip:

One last important thing:

PART I. LISTENING

LISTENING I

A. Circle the correct answer according to your notes.

1. The speaker mentions that when you have a disagreement with your boss, friend or parents the important thing is to _____.

A) try not to consider the other person's thoughts and feelings
B) try not to turn a calm discussion into a heated argument
C) try a real discussion with strong support
D) try not to get involved in debates that your friends are having

2. What is the first important thing in a discussion?

A) the tone of voice that you use
B) the way you begin the conversation
C) the warning about the situation
D) eye contact with the person you argue with

3. If you are a student and share a flat with a friend who isn't doing any housework, to be more constructive you should say:

A) I think we had better have another look about the housework.

B) Look, you never do your share of housework. You are useless.

C) What are we going to do about this housework problem?

D) We need to change our point of view about staying in the same house.

4. The third tip is that "_____".

A) don't say anything bad
B) don't exaggerate things
C) don't remember bad things
D) don't end the conversation

5. What is the most important act to keep the worsening situation under control?

A) Losing your temper
B) Saying sorry
C) Not raising your voice
D) Not being calm

6. If you think that an argument is getting out of control, _____ like in a sports game.

A) solve it as quickly as possible
B) feel tense and angry
C) give a chance to the other person
D) take time out and rest

7. As the last important thing, why is not arguing always bad?

A) Conflict is a normal part of life
B) You learn the other side of people
C) You have to deal with your own problems
D) It makes you realize good friends

LISTENING II

B. You have ONE MINUTE to read the questions. Listen to ROSA AND MARK ABOUT THEIR HOLIDAY. Circle the correct answer. (Listen TWICE)

8. Rosa and Mark _____.

A) saved their money for two years
B) booked a hotel for a month in March
C) always wanted to have a holiday in the Caribbean
D) cancelled their trip at the last minute

9. What happened at Gatwick airport?

A) They missed the plane.
B) The weather got terrible.
C) They were forced to change their destination to Europe
D) They had to spend the night there.

10. What did they learn on the plane?

A) They couldn't fly to the capital city.
B) There was a hurricane in the Caribbean.
C) They had to stay in a hotel for a week.
D) The pilot had to make an emergency crash landing

11. Which is TRUE about the Hotel Paradiso?

A) The building and the sea were awful.
B) It was far from the beach.
C) It was a complete five-star hotel.
D) It was located in the center of San Antonio.

12. What did Rosa and Mark find for breakfast in Hotel Paradiso?

A) marmalade B) fruit C) pancakes D) lettuce

13. What was the worst thing about this event for Rosa and Mark?

A) They were five days late for San Antonio.
B) They lost their passports on the way back.
C) The hurricane never arrived San Antonio.
D) They spent a lot of money in that terrible place.

LISTENING III

C. Listen to the lecture about the PHOBIA OF PUBLIC SPEAKING. You have ONE MINUTES to read the questions. Circle the correct answer. (Listen TWICE)

14. "Fight or flight" response in public speaking is _____.

A) the state of heart which beats faster in normal conditions
B) the reactions that your body gives in public speaking
C) a disease of ignoring people around you
D) the dryness of mouth due to lack of water

15. Making a speech is, in fact, _____.

A) the less seem phobia among people
B) ignoring a group of people
C) a great chance to impress a group of people
D) mostly preferred among teenage

16. Which is NOT a reason why many people have a phobia about public speaking?

A) They are afraid of being misunderstood.
B) They don't want to be lost because of the questions asked.
C) They worry whether the audience will like their speech or not.
D) They are afraid of making mistakes.

17. Feeling stressed is good in a way, because _____ .

A) people can make an average speech
B) people's response to relaxed speakers is angry
C) the audience likes the stressed speakers more
D) nerves will stop people feeling too relaxed

18. Which one is FALSE about becoming a more confident speaker?

A) Practice makes the speaker feel comfortable about what to say.
B) A good introduction helps with more comfortable speech.
C) Anecdotes make the speech more difficult to understand.
D) An interesting hook is a good introduction to the speech.

19. Breathing slowly before the speech _____.

A) helps the control of nerves
B) prevents heart diseases
C) makes the speaker smile
D) is a way to ignore the audience

20. A few mistakes are acceptable because _____.

A) makes you feel relaxed
B) is a way to recognize your audience
C) is a tool to focus on the audience
D) shows the audience that you're human

PART II. READING

A. Read the texts below and answer the following questions.

READING I

The Festival of Lights in Berlin

[1]Every October, Berlin hosts *the Festival of Lights*, an event that attracts visitors from across Germany and many other countries. People from nearby towns and other countries come to enjoy the event with their families and friends. During the festival, some of the city's most famous buildings are decorated with colourful projections and creative light displays. As a result, the streets become much busier than usual, especially in the evenings.

[2]The festival was first organised fifteen years ago by local people who wanted to create a more cheerful atmosphere during the darker autumn months. Although the event started with decorations in only a few streets, it has grown significantly over the years. Today, thousands of people visit Berlin to experience the celebration and take photographs of the bright buildings.

[3]In addition to the light shows, visitors can enjoy concerts, street performances, and food stands offering both local and international dishes. One of the highlights of the festival is the evening parade, during which participants carry lamps of various shapes and sizes. People who arrive early can also attend workshops where they learn how to design and make their own lanterns.

[4]Many people say that the Festival of Lights helps bring the community together. **<u>It</u>** gives families a chance to spend time together, meet new people, and create happy memories for visitors of all ages.

21. What happens to Berlin during the Festival of Lights?

A) Many schools close for a week.
C) People are not allowed to drive in the city.
B) Famous buildings are decorated with light displays.
D) Most events take place during the day.

22. Why did local people start the festival?

A) To celebrate a historical event.
C) To create a happier atmosphere in autumn.
B) To attract international businesses.
D) To raise money for local charities.

23. According to the text, how has the festival changed over time?

A) It now takes place in several countries.
C) It has moved to different parts of Germany.
B) It has become smaller and less popular.
D) It has grown from a small event into a large celebration.

24. What can visitors do if they arrive early?

A) Join a photography competition.
C) Watch a special light show.
B) Learn how to make lanterns.
D) Visit famous museums for free.

25. The word "it" in the last paragraph refers to _____.

A) the festival
C) Berlin
B) the community
D) a family

26. Which statement is NOT mentioned in the text?

A) Visitors can enjoy local and international food.
C) The festival attracts visitors from other countries.
B) People carry lamps during the evening parade.
D) The festival includes a fireworks display.

READING II

The Power of Community Gardens

[1]In many cities around the world, empty areas of land are being turned into community gardens. These gardens are shared spaces where local residents can grow vegetables, fruit, flowers, and other plants. While community gardens were once uncommon, they have become increasingly popular in recent years because of their environmental and social benefits.

[2]One important advantage of community gardens is that they help increase the amount of green space in urban areas. Trees and plants can improve air quality by absorbing carbon dioxide and releasing oxygen. They can also provide habitats for insects, birds, and other wildlife that might otherwise struggle to survive in cities. In addition, gardens can help reduce the "urban heat island" effect, a problem in which cities become warmer than surrounding rural areas because of large amounts of concrete and asphalt.

[3]Community gardens also bring people together. Neighbours who may never have spoken to one another often meet while working in the garden. As they share gardening tips and responsibilities, they build stronger relationships and develop a greater sense of belonging to their community.

[4]However, creating and **maintaining** a community garden is not always easy. Volunteers must spend time caring for the plants, and finding suitable land can be difficult in crowded cities. Some gardens also depend on donations or local government support to continue operating.

[5]Despite these challenges, many communities believe that the benefits outweigh the difficulties. As cities continue to grow, community gardens may play an increasingly important role in creating healthier and more environmentally friendly places to live.

27. According to the text, how do community gardens help the environment?

A) They reduce the amount of rainfall in cities.
C) They improve air quality and support wildlife.
B) They encourage people to move to rural areas.
D) They replace all concrete and asphalt in urban areas.

28. Why do community gardens help build stronger communities?

A) They provide organic food which is free for all residents.

B) They create opportunities for neighbours to meet and work together.

C) They organize some events where people can do regular sports.

D) They reduce the number of people living in cities.

29. Which of the following is TRUE according to the text?

A) Community gardens were always popular in cities.

B) Community gardens only benefit the environment.

C) Volunteers are not needed to maintain community gardens.

D) Community gardens can help reduce the urban heat island effect.

30. Which of the following is FALSE according to the text?

A) Community gardens completely solve environmental problems in cities.

B) Some community gardens receive support from local governments.

C) Finding suitable land for a community garden can be difficult.

D) Community gardens provide habitats for some animals and insects.

31. What does the word "maintaining" in the fourth paragraph mean?

A) starting
B) improving
C) visiting
D) taking care of

32. What can be inferred from the final paragraph?

A) Community gardens may become increasingly valuable as cities continue to grow.

B) Community gardens are likely to become less important in the future.

C) Most cities plan to replace community gardens with buildings.

D) Community gardens will eliminate all environmental problems.

33. What is the main idea of the text?

A) Community gardens are really expensive and difficult to create in large cities.

B) Community gardens provide environmental and social benefits despite some challenges.

C) Urban areas should replace parks with community gardens for the society.

D) Local governments should spend more money on community gardens.

READING III

The Changing Role of Artificial Intelligence in Everyday Life

[1]Artificial intelligence (AI) has become an increasingly important part of modern life. Although many people associate AI with robots or science-fiction films, it is already used in a wide variety of everyday activities. From recommending music and films to helping drivers navigate traffic, AI systems are designed to analyze information and make decisions or predictions based on patterns in data.

[2]One reason for the rapid growth of AI is the large amount of digital information that is now available. Every day, people generate enormous quantities of data through online searches, social media posts, online shopping, and the use of mobile applications. Advanced computer systems can process this information much more quickly than humans, allowing businesses and organizations to improve their services and make more informed decisions.

[3]AI has also transformed many workplaces. In healthcare, for example, AI tools can assist doctors by identifying patterns in medical images that may be difficult to detect with the human eye. In agriculture, farmers use AI-powered technologies to monitor crops and predict potential problems before they become serious. Similar developments can be seen in transportation, education, and finance.

[4]Despite these advantages, the increasing use of AI has raised several concerns. Some experts worry that certain jobs may disappear as machines become capable of performing tasks that were previously completed by humans. Others argue that AI systems can sometimes produce biased results if they are trained using incomplete or unbalanced data. As a result, decisions made by AI may not always be fair or accurate.

[5]Another issue involves privacy. Many AI systems depend on large amounts of personal information in order to function effectively. While this data can help improve services, some people are concerned about how their information is collected, stored, and used. Governments and technology companies continue to debate the best ways to balance innovation with the protection of individual rights.

[6]For these reasons, many experts believe that the future of AI will depend not only on technological progress but also on responsible regulation and ethical decision-making. Rather than replacing humans entirely, AI is likely to become a tool that works alongside people, helping them solve problems more efficiently while still requiring human judgment in important situations.

34. What is the main purpose of the text?

A) To discuss both the benefits and challenges of artificial intelligence

B) To explain how robots will replace humans in the future

C) To persuade people to stop using AI technologies in daily life

D) To compare AI systems used in different countries

35. What is the main idea of paragraph 2?

A) Social media companies collect too much personal information from users which may result in fraud.

B) Businesses owners use AI mainly to advertise their new products more effectively.

C) People generate large amounts of digital data, which has contributed to the rapid development of AI.

D) Mobile applications are the most important source of digital information today.

36. Which of the following is TRUE according to the text?

A) AI is only used in healthcare and agriculture.

B) AI can sometimes identify patterns that humans may miss.

C) AI systems always make fair and accurate decisions.

D) Most experts believe AI should replace human judgment.

37. Which of the following is NOT mentioned as a concern about AI?

A) Increased energy prices

B) Job loss

C) Privacy issues

D) Biased decision-making

38. The word "biased" in paragraph 4 is closest in meaning to:

A) unfairly influenced in one direction

B) completely accurate

C) widely accepted

D) randomly chosen

39. What can be inferred from the text about the author's view of AI?

A) AI should be banned because it creates too many risks.

B) AI will soon become more intelligent than all humans.

C) AI offers benefits, but it should be used carefully and responsibly.

D) AI is less useful than many people believe.

40. Which statement best reflects the author's conclusion?

A) Technological progress is more important than ethical concerns.

B) AI will replace human workers in most industries in the near future.

C) Privacy concerns will stop the development of artificial intelligence completely.

D) The future success of AI depends on both innovation and responsible regulation.

PART III. USE OF ENGLISH

A. Read the incomplete sentences below and choose the correct answers to complete them.

41. Most of the football fans left the stadium before the second half _____.

A) because the match was very boring and it started to rain

B) although they bought very expensive tickets for the game

C) if they want to watch a much better match on television

D) until the weather becomes warm and sunny again

42. While some students prefer studying in the quiet atmosphere of a library, _____.

A) they usually get better scores in their final exams

B) the university offers many online digital resources

C) it is important to take regular breaks during revisions

D) others find it much more productive to study in lively cafes

43. Unless you save enough money every month and control your expenses, _____.

A) you will easily pay off all your credit card debts

B) it is possible to buy that expensive smartphone next year

C) you won't be able to afford a comfortable summer holiday

D) because the inflation rate is increasing rapidly

44. _____, many middle-class families still cannot afford to buy an electric car.

A) as soon as the government announced a new tax reduction for vehicles

B) although the market prices of these models have dropped significantly

C) since the running costs of electric vehicles are lower than petrol cars

D) provided that they save enough money from their monthly salaries

45. _____, the young entrepreneur successfully built a multi-million-dollar technology company.

A) because he decided to close his local office and look for a regular job in the city center

B) even though he encountered numerous financial difficulties and rejections at the beginning

C) so that he could launch his innovative mobile application without any professional assistance

D) since successful managers always listen to the feedback of their customers carefully

46. The rise of eco-tourism has encouraged many coastal holiday resorts to adopt strict sustainability practices and reduce plastic waste; _____.

A) therefore, environmentally conscious travelers are increasingly booking their vacations at these destinations.

B) however, staying at five-star luxury hotels is always the most affordable option for families.

C) therefore, international flights have become much longer and more uncomfortable over the years.

D) as a result, most tourists prefer to stay home instead of exploring new countries.

47. _____ until the city council creates a fast, reliable, and cheap public transportation system.

A) Even if most of the local shopkeepers prefer the new walking streets

B) Banning private cars from entering the shopping district will ruin local businesses

C) As long as people choose to walk short distances instead of driving

D) In sharp contrast to the crowded parking lots found near the big malls

B. Read the dialogues below and choose the correct answers.

48. Kelly: Hello, Emma! I am going to the supermarket right now to buy some fresh vegetables and chicken for dinner. Do we need anything else for the kitchen?

Emma: Oh, wait! Let me check the fridge quickly... Yes, we are completely out of milk, and we also need a carton of eggs for breakfast tomorrow.

Kelly: _____

Emma: Just one bottle of milk will be enough, but please make sure it is low-fat. Thank you so much!

A) Do you want me to buy these now?

B) How many bottles of milk should I buy?

C) Is the supermarket open on Sundays?

D) I don't like eating eggs in the morning.

49. Amy: I am trying to learn Spanish on my own using a mobile phone application, but I feel like I am not making any real progress with my speaking skills.

Tom: Apps are good for learning basic vocabulary, Amy, but they cannot replace real human interaction. You need to practice talking with native speakers.

Amy: _____

Tom: There are several language exchange groups in our city that meet at local cafes every Thursday evening. You should consider joining one of them.

A) But I don't know any Spanish people living around here, so how can I do that?

B) I think learning grammar rules from a textbook is much more effective than practicing.

C) Spanish is spoken by millions of people across South America and Europe.

D) How much do those mobile applications charge for a premium subscription?

50. Barista: Good afternoon! Welcome. What can I get started for you today?

Customer: Hello. I am currently following an intermittent fasting schedule, and my eating window does not start for another three hours. I want a drink, but it cannot contain any calories, sugar, or milk.

Barista: In that case, I highly recommend our cold-brewed black coffee or a hot cup of organic green tea. Both are completely calorie-free.

Customer: _____

A) Perfect, I will take the large iced latte with extra caramel syrup, please.

B) That sounds great, but can you add two pieces of brown sugar into the green tea?

C) I will have the cold black coffee then, because that will not break my fast.

D) My doctor told me that I need to increase my daily carbohydrate intake significantly.

51. Manager: I am reviewing the draft of your professional self-assessment report for the 2025-2026 academic year. Your instructional performance scores are excellent, but you need to expand on the student feedback section.

Teacher: _____

Manager: That is a very constructive approach. Documenting those specific pedagogical modifications will demonstrate your adaptability and commitment to continuous instructional improvement.

Teacher: Perfect. I will include a detailed subsection on those B1 icebreakers and discussion prompts tonight.

A) I think student feedback scores are completely subjective and don't reflect actual academic performance.

B) I plan to copy the exact same feedback summary that I submitted during the previous academic evaluation.

C) I intend to detail how I actively adjusted my lesson plans in response to their requests for more interactive speaking activities.

D) I am too busy preparing for my upcoming research seminar to make any major changes to this report.

52. Professor White: Students who use laptops to take notes during university lectures generally record more words, but they show lower conceptual retention than those who write by hand.

Dr. Stern: That is fascinating, Professor. I assume that typing allows students to mindlessly transcribe the lecture word-for-word without actually processing the meaning of the information.

Professor White: _____

Dr. Stern: Right. Because they cannot write as fast as the professor speaks, they are forced to summarize the core ideas in their own words, which deeply enhances memory.

A) On the other hand, laptops are much more convenient for organizing and storing large files.

B) Digital note-taking applications offer various templates that make studying much easier before exams.

C) Most modern universities encourage students to drop traditional notebooks completely.

D) Quite true, whereas the slow speed of handwriting forces students to engage in mental synthesis.

53. Mark: _____

Susan: That's a classic dilemma, Mark. The bank offers you financial security and a clear corporate ladder, while the startup gives you the chance to innovate and take on more responsibility early on.

Mark: My main goal at this stage of my life is to pay off my student loans and buy an apartment as soon as possible.

Susan: If that's your priority right now, then the corporate route seems like a logical choice. You can always venture into the startup world once you have a solid financial cushion.

A) To be honest, I value creative freedom and flexible working hours above everything else in a professional career.

B) I'm really torn between two job offers, Susan. One is from a well-established multinational bank with a high salary, and the other is a small tech startup with a lower salary but a highly creative environment.

C) Both companies are located very far from my house, which means I will have a very long and exhausting daily commute.

D) If I want to start my own technological company eventually, which option sounds much more exciting for my career?

54. Trainer: I see you stopped doing heavy, fast cardio and chose a slower walking routine this month. Are you trying to protect your knees and joints?

Client: Yes, partly. But I am also doing a two-meal-per-day fasting schedule now. I found that very heavy workouts made me feel incredibly hungry, and I ended up overeating later in the day.

Trainer: _____

Client: Exactly. Lowering the workout intensity helped me keep my low-calorie diet without feeling totally exhausted.

A) You should stop eating all bread and carbs immediately if you want to protect your muscles.

B) Walking actually burns many more total calories per minute than lifting heavy weights at the gym.

C) That is a very smart change; heavy cardio often raises your hunger hormones, making it almost impossible to stick to a strict diet plan.

D) I think you should talk to a medical doctor before you change your weekly exercise hours again.

C. Read the texts below and choose the correct answers.

Last month, my best friend invited me to [55]___ a sports club near our school. At first, I wasn't sure because I had never played any team sports before. However, I decided to try it. On my first day, [56]___ coach welcomed me warmly and introduced me to the other players. Everyone was [57]___, so I felt comfortable very quickly. We practised [58]___, so I went there on Wednesdays and Fridays. After a few weeks, I became more confident and even made some new friends. Now, I enjoy [59]___ to the club after school because it helps me stay healthy and forget about the stress of exams.

55. A) throw	B) join	C) type	D) paint
56. A) a	B) an	C) the	D) ---
57. A) friendly	B) busy	C) careful	D) surprised
58. A) daily	B) once a week	C) every weekend	D) twice a week
59. A) go	B) going	C) to go	D) went

Nowadays, many people work from home instead of going to an office every day. This way of working has many advantages, but it also creates [60]____challenges. People often have to [61]___ distractions such as television, mobile phones, or family members, which can reduce their concentration. For this reason, many workers create a quiet workspace to work [62]___. In addition, people who [63]___ their time well usually perform better, but others sometimes have problems organizing their daily tasks. Even so, many [64]___ believe that working from home gives them a better balance between their professional and personal lives.

60. A) any	B) much	C) little	D) some
61. A) deal with	B) switch on	C) turn off	D) get on
62. A) efficient	B) more efficient	C) efficiently	D) most efficiently
63. A) meet	B) manage	C) take	D) apply
64. A) employees	B) customers	C) collectors	D) owners

In today's digital age, people spend a large amount of time using smartphones, computers, and other electronic devices. Technology has made life easier. [65]___, it has also affected people's daily habits, especially in terms of health and social interaction. Many experts suggest that reducing screen time can improve [66]____physical [66]___mental well-being. For this reason, people [67]___ to take regular breaks and engage [68]____more physical activities. However, changing digital habits is not always easy, especially when people are [69]___ on devices. Many people find it difficult to reduce their screen time because they rely on devices for work, communication, and entertainment. Despite this, small changes in daily routines can lead to significant [70]___ over time.

65. A) Thus	B) Whereas	C) However	D) Yet
66. A) either…or	B) neither…nor	C) as well as	D) both…and
67. A) have encouraged	B) are encouraged	C) encouraged	D) have been encouraged
68. A) in	B) on	C) of	D) up
69. A) dependence	B) depending	C) dependent	D) depend
70. A) chances	B) causes	C) coincidences	D) improvements

PART IV. SPEAKING

Topic 1: Learning a Foreign Language

Follow-up Questions

- Is it important to learn a language? Why?
- What language do you want to learn?
- Is it better to study a language alone or with other people?
- What do you think is the best way to learn a foreign language?
- Which language skills are the most difficult to improve? Why?
- Do you think technology has made language learning easier? How?
- Would you like to learn another foreign language in the future? Why?

PART V. WRITING

Write an opinion paragraph about the topic below.

School Uniforms: A Good Idea?

Many schools around the world require students to wear uniforms, while others allow them to choose their own clothes. Supporters of school uniforms believe they help create a sense of equality because students are less likely to judge each other based on expensive or fashionable clothing. They also argue that uniforms help students focus more on learning than on their appearance and can make it easier to identify students during school activities or trips. On the other hand, some people believe that uniforms limit students' freedom to express their personalities and individual styles. They also point out that buying school uniforms can be expensive for some families, especially if students need more than one set. In addition, critics argue that wearing the same clothes does not necessarily improve students' behaviour or academic performance. For these reasons, the debate over school uniforms continues, with people holding different opinions about whether their advantages are greater than their disadvantages.

Read the paragraph above and write an opinion paragraph providing an answer to the following question:
Wearing uniforms is necessary at schools. Do you agree or disagree with this statement?
-You can get inspiration from the given ideas in the paragraph; however, you are supposed to further them and remark with your own words.
- Give reasons for your choice. Provide supporting sentences with factual information.
Word count is between 180-200.